The 6 Pack of Taking Control Happiness Soundtrack Lyrics Relearn what it takes to let nothing stand in the way of your happiness

(Courtesy of AZLyrics)

Level 3 – 6 PACK OF TAKING CONTROL

Pack a Punch Stage 1 - NOW OR NEVER It's my Life - Bon Jovi

This ain't a song for the broken-hearted
No silent prayer for the faith-departed
I ain't gonna be just a face in the crowd
You're gonna hear my voice
When I shout it out loud

It's my life
It's now or never
I ain't gonna live forever
I just want to live while I'm alive
It's my life
My heart is like an open highway
Like Frankie said
I did it my way
I just wanna live while I'm alive
It's my life

This is for the ones who stood their ground For Tommy and Gina who never backed down Tomorrow's getting harder make no mistake Luck ain't even lucky Got to make your own brakes

It's my life
And it's now or never
I ain't gonna live forever
I just want to live while I'm alive
It's my life
My heart is like an open highway
Like Frankie said
I did it my way
I just want to live while I'm alive
'Cause it's my life

Better stand tall when they're calling you out Don't bend, don't break, baby, don't back down It's my life
And it's now or never
'Cause I ain't gonna live forever
I just want to live while I'm alive
It's my life
My heart is like an open highway
Like Frankie said
I did it my way
I just want to live while I'm alive

It's my life
And it's now or never
'Cause I ain't gonna live forever
I just want to live while I'm alive
It's my life
My heart is like an open highway
Like Frankie said
I did it my way
I just want to live while I'm alive
'Cause it's my life!

Writer(s): Jon Bon Jovi, Richie Sambora

Pack a Punch Stage 2 - FIGHT Don't Give up on Me -Andy Grammer (with R3HAB)

I will fight, I will fight for you
I always do until my heart is black and blue
And I will stay, I will stay with you
We'll make it to the other side like lovers do

I'll reach my hands out in the dark and Wait for yours to interlock I'll wait for you, I'll wait for you

'Cause I'm not givin' up
I'm not givin' up, givin' up, no, not yet
Even when I'm down on my last breath
Even when they say there's nothin' left
So don't give up on
I'm not givin' up
I'm not givin' up, no, not me
Even when nobody else believes
I'm not goin' down that easily
So don't give up on me

So don't give up on me

And I will hold, I'll hold onto you

No matter what this world will throw It won't shake me loose

I'll reach my hands out in the dark and Wait for yours to interlock I'll wait for you, I'll wait for you

'Cause I'm not givin' up
I'm not givin' up, givin' up, no, not yet
Even when I'm down on my last breath
Even when they say there's nothin' left
So don't give up on
I'm not givin' up
I'm not givin' up, no, not me
Even when nobody else believes
I'm not goin' down that easily
So don't give up on me

So don't give up on me

Writer(s): Andy Grammer, Sam Farrar

<u>Pack a Punch Stage 3 - FEARLESS</u> One Less Day (Dying Young) - Rob Thomas

I'm not afraid of getting older I'm one less day from dying young I see the light go past my shoulder I'm one less day from dying young

I see my life like a train on a one-way track
I've made mistakes and I couldn't take 'em back
And I've been runnin' 'round in circles 'til I'm dizzy I can't lie
But every night I go to sleep's a day that I survived

I'm not afraid of getting older I'm one less day from dying young I see the light go past my shoulder I'm one less day from dying young

And I've seen my friends fall away before their time
And I've been afraid that I may follow in their light
So I drink and love and whisper all the things I know are right
Someday I will leave this world but maybe not tonight

I'm not afraid of getting older I'm one less day from dying young I see the light go past my shoulder I'm one less day from dying young I'm one less day from dying young

All my life I have been wandering
Burnin' up my candle like my time just won't end
And I'll keep burnin' 'til there's nothin' left
Prayin' that tomorrow I can do it all again
And if I get tomorrow I will do it all again

I'm not afraid of getting older I'm one less day from dying young I see the light go past my shoulder I'm one less day from dying young

I'm not afraid of getting older
I'm one less day from dying young (From dying young)
I see the light go past my shoulder
I'm one less day from dying young (From dying young)
I'm one less day from dying young (From dying young)
Hey

(I'm one less day from dying young
I see the light
I'm one less day from dying young
I'm one less day from dying young)

Writer(s): Rob Thomas

<u>Pack a Punch Stage 4 - LIVE!</u> Live like you were Dying - Tim McGraw

He said, "I was in my early 40s,
With a lot of life before me,
And a moment came that stopped me on a dime.
I spent most of the next days
Lookin' at the X-rays,
Talkin' 'bout the options
And talkin' 'bout sweet time."

I asked him, "When it sank in that this might really be the real end,
How's it hit you, when you get that kind of news?"

Man what'd you do?"

And he said,

"I went sky divin',
I went rocky mountain climbin',
I went 2.7 seconds on a bull named Fumanchu.
And I loved deeper,

And I spoke sweeter,
And I gave forgiveness I'd been denying."

And he said, "Someday I hope you get the chance To live like you were dying."

He said, "I was finally the husband
That most the time I wasn't,
And I became a friend a friend would like to have.
And all of a sudden goin' fishing
Wasn't such an imposition.
And I went three times that year I lost my dad.
Well I finally read the good book,
And I took a good long hard look
At what I'd do if I could do it all again.
And then...

I went sky divin',
I went rocky mountain climbin',
I went 2.7 seconds on a bull named Fumanchu.
And I loved deeper,
And I spoke sweeter,
And I gave forgiveness I'd been denying."

And he said, "Someday I hope you get the chance To live like you were dying."

Like tomorrow was a gift
And you've got eternity
To think about what you'd do with it,
What did you do with it,
What can I do with it,
What would I do with it.

Sky divin',

I went rocky mountain climbin',
I went 2.7 seconds on a bull named Fumanchu.

And I loved deeper,

And I spoke sweeter,

And I watched an eagle as it was flyin'.

And he said, "Someday I hope you get the chance To live like you were dyin'."

To live like you were dyin'. To live like you were dyin'. To live like you were dyin'. To live like you were dyin'.

Writer: Craig Wiseman, Tim Nichols

Pack a Punch Stage 5 - ENJOY The Show - Lenka

I'm just a little bit caught in the middle
Life is a maze and love is a riddle
I don't know where to go; can't do it alone; I've tried
And I don't know why

Slow it down
Make it stop
Or else my heart is going to pop
'Cause it's too much
Yeah, it's a lot
To be something I'm not

I'm a fool Out of love 'Cause I just can't get enough

I'm just a little bit caught in the middle
Life is a maze and love is a riddle
I don't know where to go; can't do it alone; I've tried
And I don't know why

I'm just a little girl lost in the moment
I'm so scared but I don't show it
I can't figure it out
It's bringing me down I know
I've got to let it go
And just enjoy the show

The sun is hot
In the sky
Just like a giant spotlight
The people follow the sign
And synchronize in time
It's a joke
Nobody knows
They've got a ticket to the show
Yeah

I'm just a little bit caught in the middle
Life is a maze and love is a riddle
I don't know where to go; can't do it alone; I've tried
And I don't know why

I'm just a little girl lost in the moment I'm so scared but I don't show it I can't figure it out

It's bringing me down I know
I've got to let it go
And just enjoy the show
Just enjoy the show

I'm just a little bit caught in the middle
Life is a maze and love is a riddle
I don't know where to go; can't do it alone; I've tried
And I don't know why

I'm just a little girl lost in the moment
I'm so scared but I don't show it
I can't figure it out
It's bringing me down I know
I've got to let it go
And just enjoy the show

Dum de dum Dudum de dum

Just enjoy the show

Dum de dum Dudum de dum

Just enjoy the show

I want my money back
I want my money back
I want my money back
Just enjoy the show

I want my money back
I want my money back
I want my money back
Just enjoy the show

Writer(s): Jason Bradford Reeves, Lenka Eden Kripac

<u>Pack a Punch Stage 6 - ESCAPE</u> Shotgun - Music Travel Love

Home grown alligator, see you later
Gotta hit the road, gotta hit the road
Something changed in the atmosphere, architecture unfamiliar
I could get used to this

Time flies by in the yellow and green Stick around and you'll see what I mean There's a mountain top that I'm dreaming of If you need me, you know where I'll be

I'll be riding shotgun underneath the hot sun Feeling like a someone I'll be riding shotgun underneath the hot sun Feeling like a someone

Well, South of the Equator, navigator Gotta hit the road, gotta hit the road And deep sea diving round the clock Bikini bottoms, lager tops
I could get used to this

Time flies by in the yellow and green Stick around and you'll see what I mean There's a mountain top that I'm dreaming of If you need me, you know where I'll be

I'll be riding shotgun underneath the hot sun Feeling like a someone I'll be riding shotgun underneath the hot sun Feeling like a someone

We got two in the front, two in the back
Sailing along and we don't look back
(Back, back, back-back-back, back-back)

Time flies by in the yellow and green Stick around and you'll see what I mean There's a mountain top that I'm dreaming of If you need me, you know where I'll be

I'll be riding shotgun underneath the hot sun Feeling like a someone I'll be riding shotgun underneath the hot sun Feeling like a someone

I'll be riding shotgun underneath the hot sun
Feeling like a someone
I'll be riding shotgun underneath the hot sun
Feeling like a someone, a someone, a someone, a someone...

Writer(s): Joel Pott, Fred Gibson, George Barnett

Pack a Punch SWAN SONG I Won't Back Down - Tom Petty

Well, I won't back down
No, I won't back down
You can stand me up at the gates of hell
But I won't back down

No, I'll stand my ground
Won't be turned around
And I'll keep this world from draggin' me down
Gonna stand my ground
And I won't back down

(I won't back down) Hey, baby There ain't no easy way out (I won't back down) Hey, I Will stand my ground And I won't back down

Well, I know what's right
I got just one life
In a world that keeps on pushin' me around
But I'll stand my ground
And I won't back down

(I won't back down) Hey, baby
There ain't no easy way out
(I won't back down) Hey, I
Will stand my ground
(I won't back down) And I won't back down

(I won't back down) Hey, baby There ain't no easy way out (I won't back down) Hey, I Won't back down

(I won't back down) Hey, baby
There ain't no easy way out
(I won't back down) Hey, I
Will stand my ground
(I won't back down) And I won't back down
(I won't back down) No, I won't back down

Writer(s): Tom Petty, Jeff Lynne