

## Level 6 – Death-Loss-Injury-Misfortune (DLIM Grief)

### Theme Song

#### "Bad Moon Rising" – Creedence Clearwater Revival

I see the bad moon a-rising  
I see trouble on the way  
I see earthquakes and lightning  
I see bad times today

Don't go around tonight  
Well, it's bound to take your life  
There's a bad moon on the rise

I hear hurricanes a-blowing  
I know the end is coming soon  
I fear rivers overflowing  
I hear the voice of rage and ruin

Don't go around tonight  
Well, it's bound to take your life  
There's a bad moon on the rise

All right

Hope you got your things together  
Hope you are quite prepared to die  
Looks like we're in for nasty weather  
One eye is taken for an eye

Well, don't go around tonight  
Well, it's bound to take your life  
There's a bad moon on the rise

Don't come around tonight  
Well, it's bound to take your life  
There's a bad moon on the rise

Writer(s): John Cameron Fogerty

**Stage 1 – Part 1 - Shock & Denial - DEATH**  
**"How Do I Say Goodbye" - Dean Lewis**

Early morning  
There's a message on my phone  
It's my mother saying, "Darling, please come home"  
I fear the worst  
But how could you leave us all behind?  
There's so much to say but there's so little time

So how do I say goodbye  
To someone who's been with me for my whole damn life?  
You gave me my name and the colour of your eyes  
I see your face when I look at mine  
So how do I, how do I, how do I say goodbye?

When I couldn't, you always saw the best in me  
Right or wrong, you were always on my side  
But I'm scared of what life without you's like  
And I saw the way she looked into your eyes  
And I promise if you go, I will make sure she's alright

So how do I say goodbye  
To someone who's been with me for my whole damn life?  
You gave me my name and the colour of your eyes  
I see your face when I look at mine  
So how do I, how do I, how do I say goodbye?

And there's no way you could ever let me down  
Gonna steal some time and start again  
You'll always be my closest friend  
And someday we are gonna make it out  
Just hold the light, just hold the light

So how do I say goodbye  
To someone who's been with me for my whole damn life?  
You gave me my name and the colour of your eyes  
I see your face when I look at mine  
So how do I, how do I, how do I say goodbye?  
So how do I, how do I, how do I say goodbye?

Writer(s): Jon Hume, Dean Looney

**Stage 1 – Part 2 - Shock & Denial - LOSS**  
**"We Don't Talk Anymore" Charlie Puth (feat. Selena Gomez)**

[Charlie Puth:]

We don't talk anymore  
We don't talk anymore  
We don't talk anymore  
Like we used to do  
We don't laugh anymore  
What was all of it for?  
Oh, we don't talk anymore  
Like we used to do

I just heard you found the one you've been looking—  
You've been looking for  
I wish I would have known that wasn't me  
'Cause even after all this time I still wonder  
Why I can't move on  
Just the way you did so easily

Don't wanna know  
Kind of dress you're wearing tonight  
If he's holdin' onto you so tight  
The way I did before  
I overdosed  
Should've known your love was a game  
Now I can't get you out of my brain  
Oh, it's such a shame

That we don't talk anymore  
We don't talk anymore  
We don't talk anymore  
Like we used to do  
We don't laugh anymore  
What was all of it for?  
Oh, we don't talk anymore  
Like we used to do

[Selena Gomez:]

I just hope you're lying next to somebody  
Who knows how to love you like me  
There must be a good reason that you're gone  
Every now and then I think you might want me to  
Come show up at your door  
But I'm just too afraid that I'll be wrong

Don't wanna know  
If you're looking into her eyes  
If she's holdin' onto you so tight  
The way I did before  
I overdosed

Should've known your love was a game  
Now I can't get you out of my brain  
Oh, it's such a shame

[Charlie Puth & Selena Gomez:]

That we don't talk anymore  
(we don't, we don't)  
We don't talk anymore  
(we don't, we don't)  
We don't talk anymore  
Like we used to do  
We don't laugh anymore  
(we don't, we don't)  
What was all of it for?  
(we don't, we don't)  
Oh, we don't talk anymore  
Like we used to do

Like we used to do

Don't wanna know  
Kind of dress you're wearing tonight  
If he's giving it to you just right  
The way I did before  
I overdosed  
Should've known your love was a game  
Now I can't get you out of my brain  
Oh, it's such a shame

That we don't talk anymore  
(we don't, we don't)  
We don't talk anymore  
(we don't, we don't)  
We don't talk anymore  
Like we used to do  
We don't laugh anymore  
(we don't, we don't)  
What was all of it for?  
(we don't, we don't)  
Oh, we don't talk anymore  
Like we used to do

We don't talk anymore

Don't wanna know  
Kind of dress you're wearing tonight, oh  
If he's holding onto you so tight, oh  
The way I did before

We don't talk anymore

I overdosed

Should've known your love was a game, oh  
Now I can't get you out of my brain, whoa  
Oh, it's such a shame  
That we don't talk anymore

Writer(s): Charlie Puth, Jacob Kasher Hindlin, Selena Gomez

**Stage 1 – Part 3 - Shock & Denial - INJURY**  
**"Give Me Novacaine" Green Day**

Take away the sensation inside  
Bittersweet migraine in my head  
It's like a throbbing toothache of the mind  
I can't take this feeling anymore

Drain the pressure from the swelling  
This sensation's overwhelming

Give me a long kiss goodnight  
And everything'll be alright  
Tell me that I won't feel a thing  
So give me Novacaine

Out of body and out of mind  
Kiss the demons out of my dreams  
I get the funny feeling that's alright  
Jimmy says it's better than here  
I'll tell you why

Drain the pressure from the swelling  
This sensation's overwhelming

Give me a long kiss goodnight  
And everything'll be alright  
Tell me that I won't feel a thing  
So give me Novacaine  
Oh, Novacaine

Drain the pressure from the swelling  
This sensation's overwhelming

Give me a long kiss goodnight  
And everything'll be alright  
Tell me, Jimmy, I won't feel a thing  
So give me Novacaine

Writer(s): Billie Joe Armstrong, Michael Pritchard, Frank Wright

**Stage 1 – Part 4 - Shock & Denial - MISFORTUNE**  
**"The Ghost Of Tom Joad" Bruce Springsteen**

Men walking along the railroad tracks  
Going someplace, there's no going back  
Highway patrol choppers coming up over the ridge  
Hot soup on a campfire under the bridge  
Shelter line stretching around the corner  
Welcome to the new world order  
Families sleeping in the cars in the southwest  
No home, no job, no peace, no rest

Well, the highway is alive tonight  
But nobody's kidding nobody about where it goes  
I'm sitting down here in the campfire light  
Searching for the ghost of Tom Joad

He pulls a prayer book out of his sleeping bag  
Preacher lights up a butt and he takes a drag  
Waiting for when the last shall be first and the first shall be last  
In a cardboard box beneath the underpass  
You got a one-way ticket to the promised land  
You got a hole in your belly and a gun in your hand  
Sleeping on a pillow of solid rock  
Bathing in the city's aqueduct

Well the highway is alive tonight  
Where it's headed, everybody knows  
I'm sitting down here in the campfire light  
Waiting on the ghost of Tom Joad

Now Tom said, "Mom, wherever there's a cop beating a guy  
Wherever a hungry newborn baby cries  
Where there's a fight against the blood and hatred in the air  
Look for me, Mom, I'll be there  
Wherever somebody's fighting for a place to stand  
Or a decent job or a helping hand  
Wherever somebody's struggling to be free  
Look in their eyes, Ma, and you'll see me"

Well the highway is alive tonight  
But nobody's kidding nobody about where it goes  
I'm sitting down here in the campfire light  
With the ghost of old Tom Joad

Writer(s): Bruce Springsteen

**Stage 2 – All Parts - Anger**  
**"I Don't Care Anymore" Phil Collins**

Well you can tell ev'ryone I'm a down disgrace  
Drag my name all over the place.

I don't care anymore.

You can tell ev'rybody 'bout the state I'm in  
You won't catch me crying 'cos I just can't win.

I don't care anymore I don't care anymore

I don't care what you say

I don't play the same games you play.

'Cos I've been talking to the people that you call your friends  
And it seems to me there's a means to and end.

They don't care anymore.

And as for me I can sit here and bide my time

I got nothing to lose if I speak my mind.

I don't care anymore I don't care no more

I don't care what you say

We never played by the same rules anyway.

I won't be there anymore

Get out of my way

Let me by

I got better things to do with my time

I don't care anymore I don't care anymore

I don't care anymore I don't care anymore

Well, I don't care now what you say

'Cos ev'ry day I'm feeling fine with myself

And I don't care now what you say

Hey I'll do alright by myself

'Cos I know.

'Cos I remember all the times I tried so hard

And you laughed in my face 'cos you held all the cards.

I don't care anymore.

And I really ain't bothered what you think of me

'Cos all I want of you is just a let me be.

I don't care anymore D'you hear? I don't care no more

I don't care what you say

I never did believe you much anyway.

I won't be there no more

So get out of my way.  
Let me by  
I got better things to do with my time  
I don't care anymore  
D'you hear? I don't care anymore  
I don't care no more  
You listening? I don't care no more  
No more!

You know I don't care no more!

Writer(s): Phil Collins

### **Stage 3 – All Parts - Depression & Detachment**

#### **"The End" The Doors** **(Short Version)**

This is the end  
Beautiful friend  
This is the end  
My only friend, the end

Of our elaborate plans, the end  
Of everything that stands, the end  
No safety or surprise, the end  
I'll never look into your eyes again

Can you picture what will be?  
So limitless and free  
Desperately in need  
Of some stranger's hand  
In a desperate land

Lost in a Roman wilderness of pain  
And all the children are insane  
All the children are insane  
Waiting for the summer rain, yeah

Writer(s): Jim Morrison



**Stage 4 – All Parts - Bargaining**  
**"Say Something" Justin Timberlake**  
**(feat. Chris Stapleton)**

*[Justin Timberlake:]*

Ooh, Yeah, alright, Ooh

Everyone knows all about my direction  
And in my heart somewhere  
I wanna go there, still I don't go there

Everybody says, "say something that says something"  
"Say something that says something", say something that says something  
I don't wanna get caught up in the rhythm of it

But I can't help myself, no, I can't help myself, no, no  
Caught up in the middle of it  
No, I can't help myself, no, I can't help myself, no, no, no  
Caught up in the rhythm of it

*[Justin Timberlake (Chris Stapleton):]*

Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)  
Maybe I'm looking for something I can't have

*[Chris Stapleton:]*

Everyone knows all about my transgressions  
Still in my heart somewhere  
There's melody and harmony  
For you and me, tonight  
Whoa, I hear them call my name

Everybody says, "say something that says something"  
"Say something that says something", say something that says something  
I don't wanna get caught up in the rhythm of it

But I can't help myself, no, I can't help myself, no, no  
Caught up in the middle of it  
No, I can't help myself, no, I can't help myself, no, no, no  
Caught up in the rhythm of it

*[Justin Timberlake (Chris Stapleton):]*

Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)  
Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)  
Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)

Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)

*[Justin Timberlake & Chris Stapleton:]*

Sometimes, the greatest way to say something is to say nothing at all  
Sometimes, the greatest way to say something is to say nothing at all  
Sometimes, the greatest way to say something is to say nothing

But I can't help myself, no I can't help myself, no, no  
Caught up in the middle of it  
No I can't help myself, no I can't help myself, no, no, no  
Caught up in the rhythm of it

*[Justin Timberlake (Chris Stapleton):]*

Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)  
Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)  
Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)  
Maybe I'm looking for something I can't have  
(Maybe I'm looking for something I can't have)

*[Justin Timberlake & Chris Stapleton:]*

Sometimes the greatest way to say something is to say nothing at all  
Sometimes the greatest way to say something is to say nothing at all  
Sometimes the greatest way to say something is to say nothing

Writer(s): Timothy Z Mosley, Justin R Timberlake, Christopher Alvin Stapleton, Larrance  
Levar Dopson, Floyd Nathaniel Hills

### **Stage 5 All Parts - Acceptance**

#### **"Let It Be" Beatles ("Let It Be" Version)**

When I find myself in times of trouble  
Mother Mary comes to me  
Speaking words of wisdom  
Let it be

And in my hour of darkness  
She is standing right in front of me  
Speaking words of wisdom  
Let it be

Let it be, let it be, let it be, let it be  
Whisper words of wisdom

Let it be

And when the broken-hearted people  
Living in the world agree  
There will be an answer  
Let it be

For though they may be parted there is  
Still a chance that they will see  
There will be an answer  
Let it be

Let it be, let it be, let it be, let it be  
Yeah, there will be an answer  
Let it be

Let it be, let it be, let it be, let it be  
Whisper words of wisdom  
Let it be

Let it be, let it be, let it be, let it be  
Whisper words of wisdom  
Let it be

And when the night is cloudy  
There is still a light that shines on me  
Shine until tomorrow  
Let it be

I wake up to the sound of music  
Mother Mary comes to me  
Speaking words of wisdom  
Let it be

Let it be, let it be, let it be, yeah, let it be  
There will be an answer  
Let it be

Let it be, let it be, let it be, yeah, let it be  
There will be an answer  
Let it be

Let it be, let it be, let it be, yeah, let it be  
Whisper words of wisdom  
Let it be

Writer(s): John Winston Lennon, Paul James McCartney